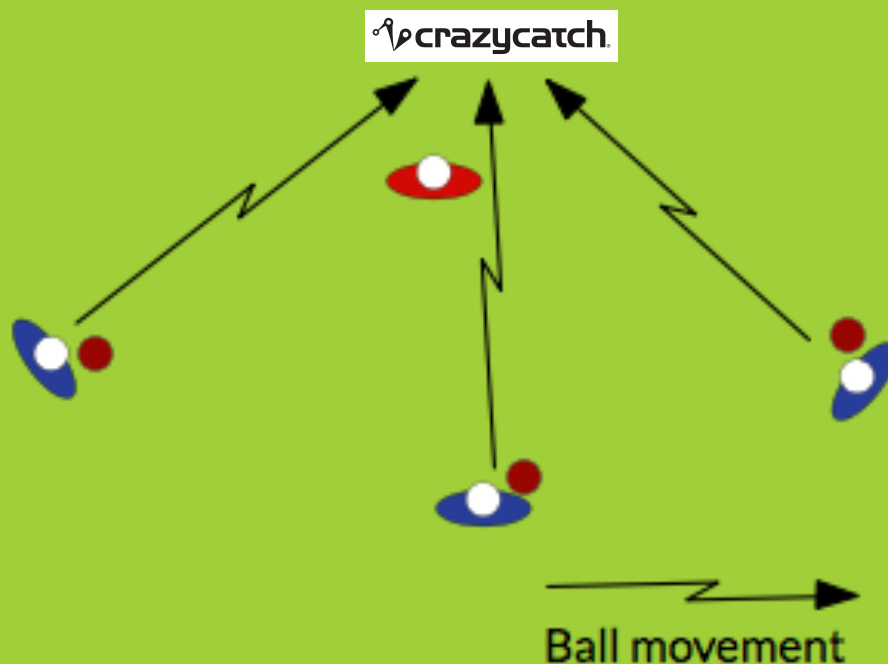


AFCA Wicket Keeper Challenge

Aim: To catch all 10 balls that rebound off the CrazyCatch.



Activate Camps



Taking the challenge:

In this challenge you'll take the role on as the Wicket Keeper! You'll need to wear wicketkeeping gloves and stand in a strong wicket keeping position around 1 to 2 metres away from the CrazyCatch. The Coaches (Blue) will feed the ball one at a time from different angles and you'll attempt to catch them, with 10 balls in total. Be careful though, the CrazyCatch can make the ball bounce unpredictably.

WILL YOU TAKE THE CHALLENGE AND BEAT YOUR BEST?

Key points To BE AT YOUR BEST:

1. Two hands together in a strong cradle position.
2. Soft hands when catching.
3. Watch the ball closely.

CrazyCatch are Activate Camps 'Challenge' partners for 2019. On each camp, you'll take a CrazyCatch challenge every day, looking

to achieve your personal best, while working on important skill sets for the set sport.

You'll record every score on the CrazyCatch work sheet, which you'll be able to take home at the end of the week!

On these challenges you'll need to make sure to **BE AT YOUR BEST**, to **BEAT YOUR BEST**!